



Gullfoss Waterfall
Photo by Daniel Knieper

ICELAND

Nightingale Bamford School

March 15 - 22, 2019

EDUCATIONAL CONNECTIONS



Earth Science
Geology
Active Adventure
Experiential Learning

Still the most sparsely populated country in Europe, Iceland's uninhabited interior is an arctic desert punctuated with mountains, glaciers, volcanoes, and waterfalls. This 8-day program explores Iceland's unique geology, history, and culture with visits to a variety of environments including hot springs, blue lagoons, and the fascinating capital city of Reykjavík.

PROGRAM HIGHLIGHTS

- Explore geological wonders of waterfalls, geysers, glaciers, volcanoes, and even experience a simulated earthquake.
- Learn about the practical uses of geothermal energy.
- Examine the relationships between Iceland's diverse terrain, natural disasters, and society.
- Get a taste of Iceland's unique cultural history and folk tales with a visit to the Skógar Museum.

WHAT'S INCLUDED?

- Expert naturalist guides
- Accommodations
- Activities
- Entrance fees
- In-country transportation
- Meals & beverages
- Travel insurance



MID-ATLANTIC RIDGE BY GLYN LOWE

ITINERARY

BLD = BREAKFAST, LUNCH, DINNER

MARCH 15 - IN FLIGHT

Board the 8:40 pm flight from JFK to Reykjavík

MARCH 16 - VATNSHOLT

Upon arrival at Keflavík International Airport you will be met by your guide. After breakfast, go for a drive around the peninsula with a stop at Orkuverið Jörðin, Power Plant Earth. Span two continents as you step onto the Mid-Atlantic Ridge, the boundary of the North American and the Eurasian tectonic plate margins. En route, take a detour to survey pillow lavas that were extruded when this part of the Reykjanes Peninsula was submerged in the late Pleistocene epoch. Visit the cliffs near the Reykjanes lighthouse, which offer breathtaking views across the North Atlantic to Eldey Island, the island of fire that emerged from the ocean in the area's most recent suboceanic eruption. Continue on to the Krísuvík geothermal field. *Overnight at Vatnsholt Farm. (LD)*

MARCH 17 - VATNSHOLT

Today, visit the famous natural sights of Þingvellir, Geysir and Gullfoss. Þingvellir is one of the most historically and geologically interesting places in Iceland, and also the location of the rift between European and North American tectonic plates. Take a trip to Friðheimar farm and learn how the geothermal energy is used for greenhouse heating then watch a horse show and observe the unique Icelandic horse. After lunch at the greenhouse continue on to Geysir, located in Haukadalur, the most famous spouting hot spring in the world and the origin of the international word 'geyser'. Geysir's bowl stretches 60 feet across and when it was erupting regularly, the geyser would spout to heights of up to 196 feet. Today it does not erupt without human intervention, but a nearby hot spring, Strokkur, spouts about every ten minutes. Gullfoss, in the Hvítá River, is Iceland's most famous waterfall, and has long been regarded as one of the most beautiful in the world. *Overnight at Vatnsholt Farm. (BLD)*

MARCH 18 - VIK

Today visit Skógafoss Waterfall, one of the country's largest waterfalls. Next, venture on a glacier walk across the Sólheimajökull Glacier, accompanied by professional guides. During this easy to moderate hike, you'll get to explore the wonderland of ice sculptures, water cauldrons, ridges, and deep crevasses. Spend the afternoon with your guide visiting the rivers of Skaftá, which have nearly all dried up from the glacial river flood, originating beneath Vatnajökull Glacier in 2015, Skaftárhlaup. The flood took a lot of land, leaving behind only sand and mud. *Overnight at Dyrhólaey Hotel. (BLD)*

MARCH 19 - VIK

Begin the day with a journey towards Skaftafell Park, the largest National Park in all of Europe! Along the drive, take note of the impressive views, among them the largest glacier in Europe, Vatnajökull, with an ice cap of 3,200 sq. miles. Stop at Jökulsarlón, an incredible lagoon where icebergs float freely. The lagoon is a mixture of fresh and salt water as it is connected to the sea via a channel, which sometimes serves as a passageway for seals. *Overnight at Dyrhólaey Hotel. (BLD)*

MARCH 20 - REYKJAVÍK

This morning tour the Skógar Museum, a folk museum that houses many objects relating to fisheries, agriculture, turf and handcrafts. There is also an open air section with old turfs houses. Then, head west towards the Lava Center, an interactive exhibit that explores the volcanic activity in Iceland. Arrive in Reykjavík with free time to explore the capital city. Stop en route for a horseback riding excursion. *Overnight at Bus Hotel. (BLD)*

MARCH 21 - REYKJAVÍK

Today the group will explore the Snæfellsnes Peninsula, stopping at Ytritunga, with the possibility of spotting seals. Next stop: Arnarstapi to see the basalt hexagonal columns at sea followed by a visit to the Vatnshellir Lava Cave. The area around Snæfellsjökull National Park contains hundreds of lava caves, but the Vatnshellir cave is the only one accessible to visitors. Enjoy a guided tour to the center of the earth! Descend a staircase into an 8,000 year old lava tube, where you'll discover the beauty of these formations and also the fascinating story of how they were created thousands of years ago by volcanic activity. *Overnight at Bus Hotel. (BLD)*

MARCH 22 - REYKJAVÍK

Have breakfast at the hostel, before a visit to Blue Lagoon. The lagoon is man-made and uses heated water that is fed from the Svartsengi Power Plant. After spending time enjoying the thermal waters head to the airport for your flight back to New York. *(BL)*

PROGRAM PRICING

\$3,895 (land price; based on 14 students)

+ \$625 (estimated airfare from New York)

\$4,520 (total)

Price includes estimated international airfare from New York, accommodations, meals, activities and entrance fees as indicated in the itinerary, in-country transportation, full time guide for duration of the program and gratuities for guide and driver. // Does not include items of a personal nature and gratuities not mentioned.

Last day for deposit: November 1, 2018

Final Balance Due: December 03, 2018

*Please make payments directly to Nightingale Bamford School

TRAVEL PROTECTION

Holbrook Travel purchases Travel Protection on behalf of all participants traveling in 2018 or beyond. These plans help provide coverage once the trip has departed and offer benefits for Baggage/Personal Effects, Accident & Sickness Medical Expenses, Emergency Evacuation and more.

Optional additional coverage is available in the form of the Group Deluxe Plan, which offers benefits for Trip Cancellation/Interruption, in addition to many other insurance benefits and non-insurance assistance services. If interested in this optional plan, we can provide you with rates and plan details.

THE FINE PRINT

Price is based on triple/quad occupancy with individual beds. Double and single rooms are available at an additional cost. A deposit and enrollment form are required by November 01, 2018 to hold your space on the trip. This deposit is refundable minus a cancellation fee until December 03, 2018, at which time final non-refundable payment is due. We will make every effort to match individuals who request to share with a roommate. However, in some instances this is not possible and the double or single supplement will be charged approximately 125-95 days prior to departure.

FOR MORE INFORMATION OR TO ENROLL:

Visit holbrook.travell/nightingale-ic19 or contact Nicole Seibert at nseibert@nightingale.org

FLIGHTS

Please note reservations are not being held at this time. A suggested flight schedule is provided below (all times listed are local).

| **Date** | **Flight** | **Departure City** | **Arrival City** | **Departure** | **Arrival**

| 03/15/19 | FI # 614 | New York, JFK | Reykjavik | 8:40 pm | 6:15 am

| 03/22/19 | FI # 615 | Reykjavik | New York, JFK | 5:00 pm | 7:10 pm

Estimated Airfare: \$750.00

A NOTE ABOUT FLIGHTS

Icelandair requires a nonrefundable deposit of \$100 per seat to confirm group space.

Terms for Cancellations and Reductions:

A) From deposit date to December 10, 2018 space reduction can be done without a penalty. A minimum of 10 is required for group space. There will be a penalty of \$300 charged for entire group cancellation for group.

B) From December 10, 2018 to 02JAN, 2019 100% utilization is required. \$100 penalty per person applies for all unused seats.

C) Complete passport names are required no later than 21DEC, 2018.

D) Ticketing is required by 02 JAN, 2019. After ticketing, cancellations will be 100% nonrefundable.

Name Changes/Corrections: A \$200 per person fee will be charged for name replacements and \$100 for name corrections after ticketing. Name changes are not permitted within 7 days of the departure date.

BAGGAGE

Most airlines now impose a fee for checked bags. This fee is collected at the airport and must be paid by the individual at check-in. These policies are set by the airline and are subject to change until tickets have been issued. Review the current fees and policies by selecting your carrier at holbrooktravel.com/baggagefees. Holbrook Travel is not responsible for any baggage fees incurred.

SURCHARGES

Holbrook is committed to maintaining quoted pricing. However, at times, due to conditions beyond our control, we may need to assess a change in pricing due to unexpected increases in fees for items such as fuel and taxes. While most programs never incur a price change, in the event surcharges must be assessed, Holbrook will support your investment and the burden of this increase by applying \$30 per person towards the additional cost. You will be notified immediately and invoiced for the remainder of the surcharge. We hope this gesture conveys our commitment to maintaining quoted pricing.

CARBON OFFSETTING

Carbon offsetting is included in your program price. We partner with ClimateSafe to offset the carbon emissions created from land and air travel. You can learn more about the program at <http://holbrooktravel.com/climatesafe>. If you choose to opt out of carbon offsetting, your per person land cost will be reduced by \$35.

ENTRY REQUIREMENTS

A passport is required for international travel, and many countries require that passports must be valid for at least six months after the date of entry. Certain destinations may require a visa for entry, U.S. citizens can check requirements at travel.state.gov; citizens of other nationalities should check with the appropriate embassy.

RESERVATIONS & PAYMENTS

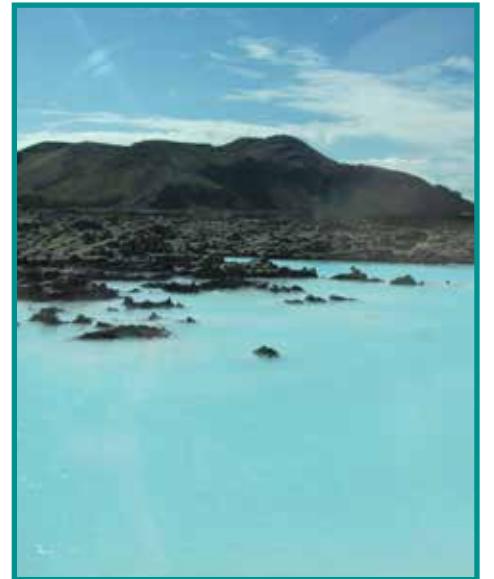
A nonrefundable deposit of \$300 is needed to confirm flights. Land and air 95 days before departure is needed. If you cancel outright or fall below 10 – you will not get a refund on the \$300 deposit needed to confirm the flights.

Once the group fills, we can apply the \$300 towards final payment. Unless stated otherwise in the payment schedule below, full payments are due no later than 95 days before departure. After this date, any reservations that have not been paid in full are subject to cancellation and cancellation fees will apply.

CANCELLATIONS AND FEES

Holbrook Travel cannot offer refunds for any of the following: not attending the program; cancelling a reservation on or after the departure date; activities or meals missed due to travel delays; leaving a program already in progress; or choosing to opt out of any pre-arranged activities. No partial refunds are given for unused portions of the trip.





FOR MORE INFORMATION OR TO ENROLL
Visit holbrook.travell/nightingale-ic19 or contact Nicole Seibert at nseibert@nightingale.org

PHOTOS BY
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