



PHOTO BY STEPHEN INGRAHAM



## COSTA RICA BIRDING

ZEISS SPORTS OPTICS *with Stephen Ingraham*  
December 1 - 7, 2018

*Discover the abundant species of neotropical birds and other wildlife inhabiting this small but biodiverse country. Between the majestic Great Green Macaw, colorful tanagers and energetic hummingbirds, learn from expert, Stephen Ingraham, and practice your skills during this excellent opportunity to seek out some of Central America's most beautiful birds and learn about its unique fauna and flora. Each participant on this program will be loaned a Zeiss spotting scope for use in Costa Rica and be given the opportunity to purchase the scope at the end of the trip.*

### PROGRAM HIGHLIGHTS

- Look for some of the country's most sought-after birds on guided walks.
- Explore the trails of Selva Verde Lodge's 500-acre rainforest reserve with a regional bird expert for the chance to see the endangered Great Green Macaw.
- Visit the Organization for Tropical Studies La Selva Biological Station, where more than 450 avian species have been recorded.
- Take part in optional activities like a Sarapiquí River boat ride, river rafting or horseback riding.
- Visit the home of Cope, wildlife artist and photographer, chance to explore his natural photo studio.

# ITINERARY

BLD = BREAKFAST, LUNCH, DINNER

## DECEMBER 01 - SAN JOSÉ

Individual arrivals in San José. Check in at the hotel. *Overnight at Buena Vista.*

## DECEMBER 02 - CHILAMATE

Early birding around the hotel grounds. After breakfast check out of the hotel and depart for La Paz Waterfalls and Cinchona. Have lunch at La Paz and visit the hummingbird gardens and butterfly farm. Continue to Selva Verde Lodge & Rainforest Reserve. This afternoon take a hike in the reserve with your guide. Protecting 500 acres of rainforest, Selva Verde offers many covered walks, birding trails, and lookout points. Selva Verde provides opportunities to see species such as the Keel-billed Toucan, Great Green Macaw, White-winged Becard, Sunbittern, Acadian Flycatcher, and Wood Thrush. Boots are available for use if the trails are muddy. Take an optional walk after dinner to discover nocturnal frogs and insects. *Overnight at Selva Verde Lodge. (BLD)*

## DECEMBER 03 - CHILAMATE

This afternoon we embark on a boat ride on the Sarapiquí and/or Puerto Viejo Rivers where we may see Mangrove Swallow, Rufous-tailed Jacamar or Sunbittern, if we are really lucky. Other river inhabitants such as caiman and otters are very likely as well. Later this afternoon take a guided birdwatching hike or enjoy the views from the patio and feeders at the Selva Verde dining room. *Overnight at Selva Verde Lodge. (BLD)*

## DECEMBER 04 - SARAPIQUÍ

After breakfast visit Tirimbina Biological Reserve for a guided hike. The trails are designed to approach high-interest areas for viewing highlights of rainforest biodiversity. The greater portion of life in the rainforest thrives in the forest canopy. Tirimbina visitors experience a view of the richness of treetop flora and fauna from a 100-meter suspended canopy walkway that spans one of the many stream valleys in the reserve. Afternoon visit to the home of bird and wildlife artist, José Perez (Cope)--enjoy his natural photo studio with many close-up viewing opportunities. *Overnight at Selva Verde Lodge. (BLD)*

## DECEMBER 05 - SAN GERARDO DE DOTA

Travel to the Savegre Valley with lunch en route. Afternoon time to relax and enjoy the hummingbird feeders. *Overnight at Savegre Lodge. (BLD)*

## DECEMBER 06 - SARAPIQUI

Spend a full day birding and photographing target species, like the Resplendent Quetzal on the grounds of the lodge and around the area. *Overnight at Savegre Lodge. (BLD)*

## DECEMBER 07 - FAREWELL!

Transfer to the airport in time to catch your afternoon flight home. Flights should be scheduled to depart after 1:00 pm. (B)

## FOR MORE INFORMATION OR TO ENROLL:

Contact Sandy Schmidt at [schmidt@holbrooktravel.com](mailto:schmidt@holbrooktravel.com) or 877-907-5360 | Visit [holbrook.travel/zeisscr18](http://holbrook.travel/zeisscr18)



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## ABOUT YOUR LEADER



### STEPHEN INGRAHAM

Steve Ingraham was the Birding Product Specialist for ZEISS Sports Optics for 12 years. He is now the Senior Brand Ambassador for Birding. He travels extensively for ZEISS, both nationally and internationally. He has been birding and photographing birds for over 30 years. You can explore his

work at [weiw.lightshedder.com](http://weiw.lightshedder.com) or follow his Pic for Today Blog at [p4td.lightshedder.com](http://p4td.lightshedder.com)

## PROGRAM PRICING

**\$1,540** (based on 8 participants)

Includes entrance fees, private vehicle transportation, full-time birding guide, meals, accommodations, and activities as mentioned.

Cost does not include gratuities, items of a personal nature or international airfare.

## THE FINE PRINT

Cost is based on double occupancy; for a single room throughout the trip add \$170. With a maximum of 10 participants the cost will be \$1400 per person. A \$200 per person deposit and enrollment form are required as soon as possible to hold your space. This deposit is refundable until August 28, 2018 (excluding \$100 cancellation fee) at which time nonrefundable final payment is due. Travel/ trip cancellation insurance is strongly recommended. For more information call Travel Insured at 800-243-3174 or visit [www.travelinsured.com](http://www.travelinsured.com). Holbrook Travel's agency number is 15849.